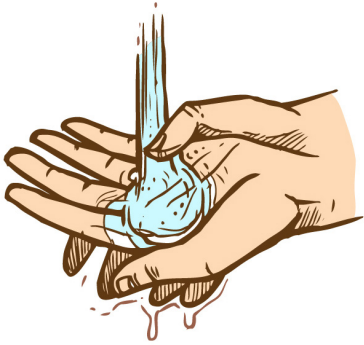


COVID-19 HANDWASHING GUIDE

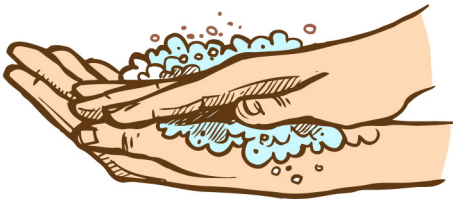
Wash your hands. Help reduce the spread of COVID-19.



1. Wet your hands with warm water.



2. Apply soap and lather by rubbing your hands together.



3. Scrub your hands for at least 20 seconds.



4. Make sure to wash your palms, the back of each hand, between your fingers, your thumbs and under your nails.



5. Rinse well under clean, running water.



6. Dry your hands with a clean towel or paper towel.