

30 HOUR  
FAMINE

World Vision

## Dear parent of a 30 Hour Famine participant:

In the coming weeks, your child will be learning lots about global hunger and poverty. The 30 Hour Famine gives them a way to engage with these issues and do something practical to change lives! The funds they'll raise will help feed hungry kids around the world and equip families to lift themselves out of poverty. Together, we're making a difference.

» This is Marie, who your child will learn about during the 30 Hour Famine. Be sure to ask them to tell you her story!

## What is World Vision's 30 Hour Famine?

The Famine is a life-changing experience for youth groups across the nation!

» **ENGAGE:** Your student will learn what God has to say about injustice and hunger through weekly Bible studies before and after the Famine weekend. During the Famine, they'll participate in activities, games, and service projects that help them deepen their understanding of the issues and grow in their faith.

» **HUNGER:** With their youth group, your child will go without food for 30 hours over Famine weekend—allowing their eyes (and stomachs!) to be opened to the daily realities of hunger and poverty faced by children and families around the world.

» **FUNDRAISE:** The money your student raises will go toward our goal—shared with other global partners—of ending extreme poverty by 2030. Every \$60\* they raise will help feed a family for a year.

\*Thanks to our partnership with World Food Programme \$60 helps to provide food for a family for one year. World Vision is the United Nations World Food Programme's largest implementing partner in delivering food to the neediest populations. Countries that will be supported by this funding include, but are not limited to DRC, Uganda, Afghanistan and more.

\*Dollar values are based on estimates at the time of printing of this document.

## Three things you can do after the Famine

You're helping your child grow in making a difference for those in need around the world. Here are some ways you can keep compassion for others alive in your student:

» **DINE:** Sometime in the week after Famine weekend, plan a family dinner and ask your son or daughter to share about their experience. What was their favorite activity and why? How did they feel, emotionally and physically, going without food for 30 hours? What were their expectations beforehand, and what surprised them? What was the most startling thing they learned about global hunger?

» **INVITE:** Consider inviting family friends or classmates over to join the conversation about global hunger.

» **VOLUNTEER:** Local food banks and soup kitchens are a great place to volunteer as a family, making a difference for your brothers and sisters in need right here at home.

If you have any questions regarding the 30 Hour Famine, please contact your student's Group Leader or visit [famine.ca](http://famine.ca).

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[famine.ca](http://famine.ca)

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**30 Hour Famine.** Students loving God and fighting hunger.

**World Vision** is a Christian relief, development and advocacy organization working to create lasting change in the lives of children, families, and communities to overcome poverty and injustice. Inspired by our Christian values, World Vision is dedicated to working with the world's most vulnerable people as a demonstration of God's unconditional love. World Vision serves all people regardless of religion, race, ethnicity, or gender.